

Spring-Summer Snack Menu 2021

			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12-Apr 26-Apr	19-Jul	Morning	Fruit and Vegetable selection with Porridge/Cereal	Fruit and Vegetable selection with English muffin	Fruit and Vegetable selection with Crumpet	Fruit and Vegetable selection with Toast	Fruit and Vegetable selection with Plain Bagel
10-May 24-May 07-Jun	02-Aug 16-Aug 30-Aug	Af.	oat cakes Spread cheese Veg and fruit selection	wholemeal Pitta Hummus Cucumber and Carrot	crackers avocado Pate fruit and vegetables	Butter sandwich Vegetables selection	Rice cakes Chicken pate Vegetable selection
21-Jun 05-Jul	13-Sep 27-Sep	Tea	Egg on toast seasonal fruit	cold meat sandwich Vegetable selection	Cheesy tortilla wraps & Vegetables sticks	bread sticks spread cheese Vegetable selection	oat cakes soft cheese Fresh fruit & vegetables
19-Apr 03-May	26-Jul 09-Aug	Morning	Fruit and Vegetable selection with Toast	Fruit and Vegetable selection with Crumpet	Fruit and Vegetable selection with Porridge/Cereal	Fruit and Vegetable selection with Plain Bagel	Fruit and Vegetable selection with Plain Bagel
17-May 31-May 14-Jun	23-Aug 06-Sep 20-Sep	Aft.	Strawberry and banana smoothy with cereals Fruit and Vegetables	bread sticks chicken pate Fruit and Vegetable	wholemeal Pitta Hummus Cucumber and Carrot	butter sandwich cucumber and peppers	crackers Soft cheese Plums and Grapes
28-Jun 12-Jul	27-Sep	Tea	Vegetable selection Cold meat sandwich	cheese wrap fresh fruit	Rye bread spread Vegetable and fruit	Rice cakes and soft cheese Vegetable selection	Cheese wrap Vegetable selection

Occasionally menu choices will be swapped around. The overall balance will remain the same. This menu has been put together using the voluntary food and drink guidelines for early years settings. For further information please see a member of staff.